



Daughters
of the King

"A Mentoring Mandate"

Author: Ella C. Scales

Daughters of the King

A Bible Study for Women

by

Ella Scales

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*This book is dedicated to the
memory of my mother,
Thelma L. Chambers*

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About the Author

Ella C. Scales, a native of Pittsburgh, Pennsylvania, currently resides in Boardman, Ohio with her husband. She is the mother of 4 children, and the grandmother of 3 grandchildren as well as one son-in-law .

She is a life-long member of Union Baptist Church of Swissvale in Pittsburgh, Pennsylvania where she sings in the choir and is the teacher of a ministry she founded, called Daughters of the King (A Mentoring Mandate) which inspired this book. Daughters of the King is a woman's ministry for ages 18 and up where physical, emotional, and spiritual fitness is taught with practical application.

It is Ella's desire that this book will encourage older women in the Christian faith to teach young women how to become virtuous, God-fearing women.

Acknowledgements

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Preface

The idea of the older women teaching the younger women has to do with more than just instruction with words. We are challenged to live out and role-model these behaviors. The younger women should be able to see these characteristics in action.

The older women should also share their pitfalls and struggles to help prepare the younger women and prevent them from making the same mistakes.

This study will help the young women apply God’s word to their life in a practical way.

What a joyous and wonderful opportunity to help young women grow into beautiful, godly women!

Lesson 8 — Naomi and Ruth

Now that we have studied the seven characteristics laid out in Titus 2:3-5, which gives instruction for what the older women should teach the younger women: love their husbands and children, to be self-controlled, pure, working at home, kind, and submissive to their own husbands, that the word of God may not be reviled (ESV), let's look at one of the greatest examples in the Bible of a mentor and mentee relationship which is that of Naomi and Ruth. When you study the book of Ruth, you will find this special relationship in action. Read the entire book of Ruth. Naomi was Ruth's mother-in-law. Ruth was married to Naomi's son, Mahlon. Some might say that in itself is a blessing that they got along! I was blessed to have a great relationship with my mother-in-law, Betty.

Ruth 1:4 says they lived in Moab 10 years. You can learn a lot about a person in 10 years. Naomi also had another daughter-in-law, Orpah, who returned to her family after the deaths of both her and Ruth's husbands, Mahlon and Chilion. Naomi had instructed her daughters-in-law to return to their families, that they might find comfort and rest. Naomi loved her daughters-in-law, and wanted the best for them. Orpah decided to go back home, but Ruth wanted to remain with Naomi. Ruth makes the most important decision and declaration that changes the course of her life and Naomi's but Ruth said,

Do not urge me to leave you or to return from following you. For where you go I will go, and where you lodge I will lodge. Your people shall be my people, and your God my God. Where you die I will die, and there will I be buried. May the Lord do so to me and more also if anything but death parts me from you."

Ruth 1:16-17 (ESV)

Because Ruth remained with Naomi, Ruth met Boaz. Boaz became her husband and kinsman redeemer, and Ruth became an ancestor to our Lord and Savior, Jesus Christ. I believe Ruth knew Naomi needed her as much as she needed Naomi. Ruth was able to observe Naomi's character and learn from the way Naomi carried herself. In a mentor/mentee relationship, both are blessed. Both are learning, growing and sharing with one another.

What do you think are some of the things Naomi taught Ruth both verbally and through her life example?

Ruth was a **Moabite**. What significance, if any, were Ruth's words to Naomi, "*Your people shall be my*

people and your God my God"?

³⁶ *So both of Lot's daughters became pregnant by their father.*

³⁷ *The older daughter had a son, and she named him Moab; he is the father of the Moabites of today.*

Genesis 19: 36-37 (NIV)

On a hill east of Jerusalem, Solomom built a high place for Chemosh the detestable god of Moab, and for Molek the detestable god of the

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